

# MOURATOGLOU TENNIS CENTER COSTA NAVARINO

MOURATOGLOU TENNIS CENTER - COSTA NAVARINO

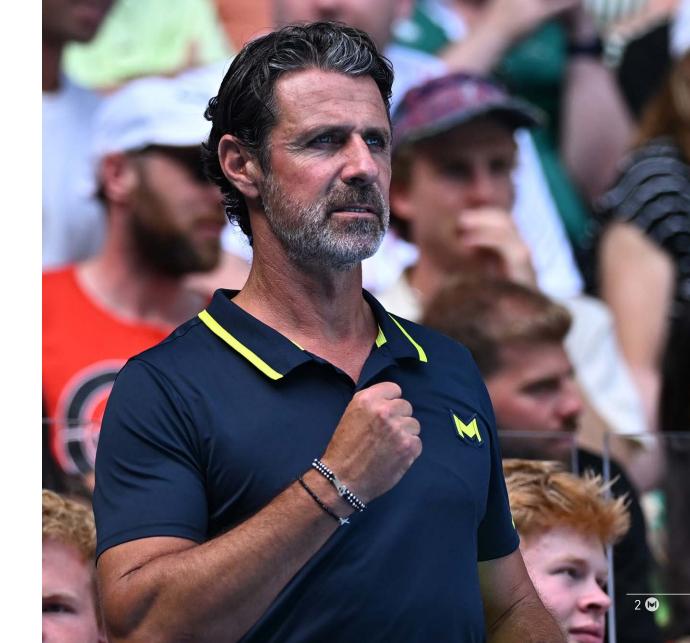
# CONTENTS

MOURATOGLOU PHILOSOPHY	2
THE TENNIS EXPERIENCE AT NAVARINO DUNES	3
FACILITIES OVERVIEW	_4
CHALLENGE THE PRO	6
PRIVATE / SEMI-PRIVATE TENNIS LESSONS	7
TENNIS CLINICS	8
TENNIS CROSS-TRAINING	9
HALF-DAY / ALL DAY CAMPS	_10
PRIVATE / SEMI-PRIVATE PADEL LESSONS	11
COURT RENTAL	_ 12
INFO & BOOKINGS	13



#### MOURATOGLOU PHILOSOPHY

Over the past 25 years, the guiding principle of the Mouratoglou Coaching Methodology & Philosophy has been centered on a joyous play experience and on the performance improvement of everyone's game. At the Mouratoglou Tennis Center in Costa Navarino, all players have the unique opportunity to develop their skills while enjoying an optimal experience guided by the best coaches, who are certified by the Mouratoglou Coaching Methodology & Philosophy. Get a diverse range of coaching expertise and embrace your potential, irrespective of your age, goals, ambitions, or skill level.



#### A UNIQUE TENNIS EXPERIENCE AT NAVARINO DUNES

Navarino Dunes in Costa Navarino is the first European location for a Mouratoglou Tennis Center. The area's mild climate year-round provides a one-of-a kind destination for the international tennis community, while players of all ages and levels benefit from an extended playing season across 12 top-quality tennis courts, 3 padel and 2 pickleball courts.

Navarino Dunes enjoys a premium beachfront location by the Ionian Sea with its over 1-km-long sandy The Dunes Beach, and is home to two luxury 5-star hotels, The Romanos, a Luxury Collection Resort, and The Westin Resort Costa Navarino; The Dunes Course, the first signature golf course in Greece; the award-winning Anazoe Spa; the 5000m<sup>2</sup> House of Events conference centre; specially designed facilities for children; a variety of gastronomy venues; an array of sports; numerous authentic experiences.



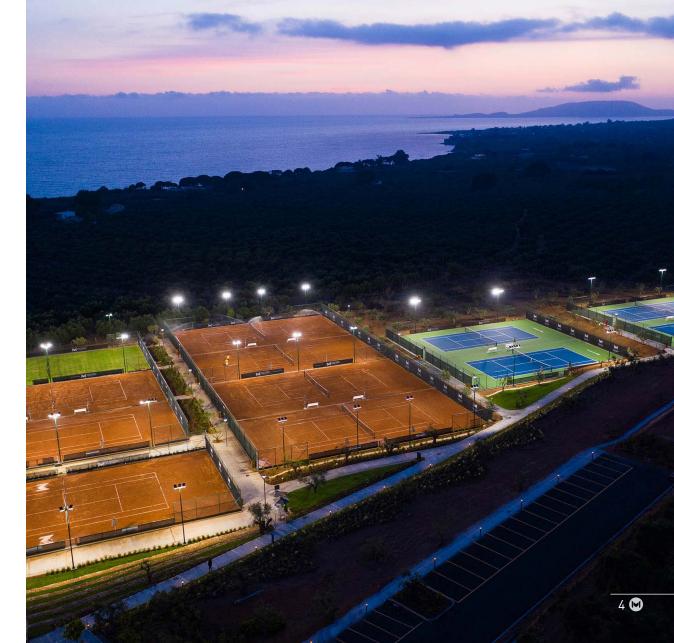
**BOOK YOUR EXPERIENCE** 

#### FACILITIES OVERVIEW



**7** CLAY COURTS **4** HARD COURTS **1** NATURAL GRASS COURT







# CHALLENGE THE PRO

THE REAL TEST

Do they play as well as they teach? Challenge one and may the best player win!







## PRIVATE / SEMI-PRIVATE TENNIS LESSONS

#### MAXIMIZE YOUR PERFORMANCE

Whether you wish to learn the fundamentals or work intensively on specific aspects of your technique, Mouratoglou Tennis Center's coaches will take your game to the next level. During each personalized training session, the coach will help you identify and correct your weaknesses while further developing your strengths and optimizing individual performance.



€

DURATION 60'

PRICE Spring & Autumn: €80/1 person, €100/2 persons Summer: €100/1 person, €120/2 persons



# **TENNIS CLINICS**

QUALITY TIME TOGETHER

Learn to play tennis while bonding with friends or family in a motivating, inspiring and highly enjoyable environment under the expert guidance of our coaches. Whether playing with family, friends, or small groups, it's an excellent choice for shared moments and skill enhancement on the court.







## **TENNIS CROSS-TRAINING**

THE FUN WORKOUT

Boost your mood, train a large-muscle group, work up a sweat, but above all... have fun while burning calories. Suitable for all levels.







### HALF-DAY / ALL DAY TENNIS CAMPS

#### ALL LEVELS

A great way to start smoothly with tennis (from 9 yo), or a unique opportunity to join a signature high-intensity tennis camp that combines physical training, and technical and tactical improvement (from 12yo).

Schedule: morning, afternoon or both Welcome & Warm Up: 30', Tennis Training: 60', Cool Down & Stretching: 30'



DURATION 120' / 240'





### PRIVATE / SEMI-PRIVATE PADEL LESSONS

UNLEASH YOUR POTENTIAL

Whether you're aiming to master the basics or keen on honing specific facets of your technique, the Mouratoglou Tennis Center coaches are committed to helping you boost your performance. Highly trained instructors provide top-quality training by working on your weaknesses, enhancing your strengths, and refining your overall play. Get ready to take your padel game to new heights with personalized training sessions.



€

DURATION

PRICE Spring & Autumn: €80/1 person, €100/2 or 3 persons Summer: €100/1 person, €120/2 or 3 persons



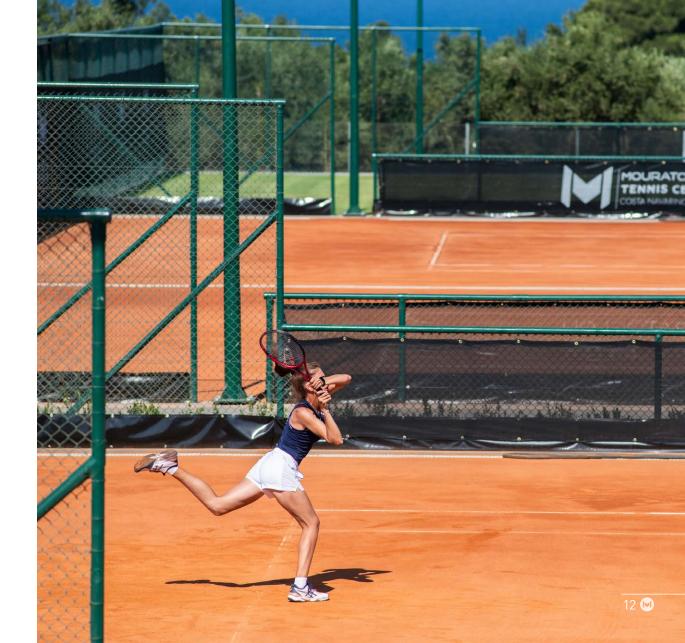
## **COURT RENTAL**

TYPE	SPRING & AUTUMN	SUMMER
Hard	€40	€50
Clay	€40	€50
Grass*	€80	€100
Padel	€50	€60
Pickleball	€50	€60
Squash	€40	€50

Prices are per hour

\* Upon request with limited availability

BOOK YOUR COURT



## **INFO & BOOKINGS**

#### EXTRA INFORMATION

Tennis Sessions are available in Greek and English.

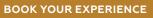
#### **OPERATING HOURS**

February, November 10:00-18:00 March, April, May & September, October 8:00-20:00 June, July & August 7:30-21:30 For more information please contact us at (+30) 27230 91122/3 or tennis@costanavarino.com or via Costa Navarino mobile application.

#### CANCELLATION POLICY

Any cancellations must be made at least 12 hours prior to session time. Appointments cancelled with less than 12 hours' notice will be billed 50% of the session cost.

No shows or cancellations with less than 2 hours' notice will be billed 100% of the session cost.



3/2024



