



Culinary Institute
of America

COSTA
NAVARINO

FOOD ENTHUSIASTS
BASIC TRAINING BOOT CAMP

EXPLORE THE WORLD OF FOOD

The Culinary Institute of America comes to Costa Navarino





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of America

For the first time, the world-renowned Culinary Institute of America will be hosting its signature five-day Basic Training Boot Camp for food enthusiasts at Costa Navarino, the prime sustainable tourism destination in the Mediterranean.

COSTA
NAVARINO





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FOOD ENTHUSIASTS BASIC TRAINING BOOT CAMP

March 6 – March 10, 2024

COSTA
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This Boot Camp provides an opportunity for serious home cooks to hone their skills and take their cooking to the next level.

Discover the exclusive culinary program that will be hosted on March 6-10, 2024, at The Westin Resort Costa Navarino in Greece, with very limited available seats on a first-come, first-served basis.

In addition to daily interactive cooking sessions, the program includes accommodation at the Westin Resort Costa Navarino, all meals, daily morning activities and bespoke experiences designed to immerse participants in the breathtaking surroundings of Costa Navarino and the local area.



VERY LIMITED SEATS AVAILABLE

DESCRIPTION

Basic Training Boot Camp

During this hands-on program, attendees will develop a command of traditional culinary methods and techniques. Upon completion of the program, they will receive a certificate of attendance.

METHOD

Hands-on 5-day intensive courses in the kitchen of Kooc at Navarino Dunes

CERTIFICATE

Certificate of Completion

COST

For the 5-day package: € 5,000



Participants can extend their stay by up to two nights with the 6- or 7-day packages. Please send a specific request to our reservations team.



TENTATIVE DAILY SCHEDULE FOR FOOD ENTHUSIASTS PROGRAM

The exclusive culinary program will be hosted at The Westin Resort Costa Navarino, in Greece. In addition to daily interactive cooking sessions, the program includes daily morning activities and bespoke experiences designed to immerse participants in the breathtaking surroundings of Costa Navarino and the local area.

	Wednesday March 6, 2024	Thursday March 7, 2024	Friday March 8, 2024	Saturday March 9, 2024	Sunday March 10, 2024
07:30 - 08:30		Breakfast	Breakfast	Breakfast	Breakfast
09:00 - 12:00	Arrivals until 13:00	1 hour Golf clinic or Steam bath & Thalassotherapy (10:00 - 11:00)	Hiking in Voidokilia & Paleokastro (guided tour)	Philosophy walk (10:00 - 11:00)	08:30 - 15:00 Cooking session & lunch Departures by 15:00
12:00 - 13:00		Lunch	Lunch	Lunch	
13:00 - 19:30	Cooking session & dinner	Cooking session & dinner	Cooking session & dinner	Cooking session & dinner	
19:30 - 20:30	Free time	Free time	Free time	Free time	
20:30 - 23:30	Free evening	Live music night at 1827	Karaoke night at Division 16	Live music night at 1827	



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www.ciachef.edu

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www.costanavarino.com



For reservations: ciatrainingbootcamp@costanavarino.com