

COSTA  
NAVARINO



FC BAYERN FOOTBALL CAMPS | FROM JULY 4<sup>TH</sup> TO AUGUST 26<sup>TH</sup> 2022



**Become an expert in ball control and dribbling, learn the secrets of passing and master your shooting skills,  
with the official coaches of FC Bayern!**

**Program 2022**



We are proud to offer your children the unique opportunity to participate in FC Bayern Football Camps at Costa Navarino. Watch them becoming experts in ball control and movement, long and short passing using both feet, playing defense or offence one on one or four against four and mastering their shooting skills through power and accuracy drills.



All children will receive the exclusive FC Bayern Football Camp training kits and will be trained by an official FC Bayern coach. Morning sessions will be focusing on technical soccer drills and skills practice, followed by evening sessions with various formats of competition, where young players can put their learnings into action.

## INDICATIVE 5 DAYS CAMP PROGRAM

| Time                                   | Monday                                | Tuesday                                  | Wednesday                      | Thursday                                     | Friday                           |
|--|---------------------------------------|--|--------------------------------|--|----------------------------------|
| Morning:<br>8:30-9:30am<br>(6-9yo)     | Session 1<br>Basic Exercises          | Session 3<br>Passing Exercises           | Session 5<br>1v1/4v4 Exercises | Session 7<br>Shooting Exercises              | Session 9<br>Tournament Part I   |
| 9:30-10:30am<br>(10-14yo)              | • Ball Controlling & Handling         | • Distance & Pace                        | • Defense vs Offense           | • Technique                                  |                                  |
| 11:00am-12:00pm<br>(15-18yo)           | • Moving on the Pitch                 | • Both feet                              | • Small-sided games            | • “Combination Game” with shots on Goal      |                                  |
|  | • Fakes & Feints                      | • 1 <sup>st</sup> touch                  |                                |  |                                  |
|  | Break                                 | Break                                    | Break                          | Break  | Break                            |
| Afternoon:<br>5:00-6:00pm<br>(10-14yo) | Session 2<br>Basic Practice           | Session 4<br>Passing Practice            | Session 6<br>4v4-8v8 Practice  | Session 8<br>“Shootout”                      | Session 10<br>Tournament Part II |
| 6:00-7:00pm<br>(6-9yo)                 | • Small-sided Games with Basic Topics | • Small-sided Games with Ball Possession | • 5v5 + 1v1 on the Wings       | • Games with three Zones + Neutral Player(s) |                                  |
| 7:00-8:00pm<br>(15-18yo)               | • Final game                          | • Final game                             | • 4v4 Tournament               | • High Intensity First Goal Wins             |                                  |

## PRICING PER CHILD

|                |       |
|----------------|-------|
| 1-day Course   | € 110 |
| 2-days Course  | € 198 |
| 3-days Course  | € 280 |
| 4-days Course  | € 352 |
| 5-days Course  | € 385 |
| 10-days Course | € 660 |

- Adidas FC Bayern kit with shirt, shorts and socks is included
- 10% discount for children of the same family

Kindly be informed that:

- The meeting point is the football pitch, located nearby Navarino Outdoors.
- Please reach the meeting point 15 minutes prior to the session.
- Friday tournament can be attended only with the booking of another session prior to the tournament.
- Bookings can be done between 10:30am-2:30pm for next day session and are subject to availability.
- Program may change according to weather conditions.
- Children don't have to book consecutive days.
- \* Subject to Covid measures at the time.

Information & bookings:  
Costa Navarino Mobile Application &  
Navarino Collections +30 27230 91115/91130 (ext. 81115/81130) or [navarino.collections@costanavarino.com](mailto:navarino.collections@costanavarino.com)



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