

COSTA
NAVARINO



FC BAYERN FOOTBALL CAMPS

FROM JULY 1ST TO AUGUST 31ST



Master ball handling, learn the secrets of passing and craft the best shoot with the official coaches of FC Bayern!



This summer we are proud to offer your children the unique opportunity to participate in FC Bayern Football Camps at Costa Navarino.

Watch them master the basics like ball handling and movement, learn the secrets of passing using both feet in distance or pace, play in defense or offence one to one or four to four and craft the best shoot out and shoot on goal.

All children will receive the exclusive FC Bayern Football Camps training kit and will be trained by an official FC Bayern coach. Morning technique and practice sessions (2 hours) are followed by evening sessions with various formats of competition (2 hours), where young players can master their learnings in action, at the resort's 2 training grounds, or at a nearby full-sized pitch.

Ages: 6-14



FC BAYERN

INDICATIVE 5 DAYS CAMP PROGRAM

Time	Monday	Tuesday	Wednesday	Thursday	Friday
	Session 1	Session 3	Session 5	Session 7	Session 9
10:00 am - 12:00 pm	Basic Exercises <ul style="list-style-type: none"> • Ball Controlling & Handling • Moving on the Pitch • Fakes & Feints 	Passing Exercises <ul style="list-style-type: none"> • Distance & Pace • Both feet • 1st touch 	1v1/4v4 Exercises <ul style="list-style-type: none"> • Defense vs Offense • Small-sided games 	Shooting Exercises <ul style="list-style-type: none"> • Technique • “Combination Game” with shots on Goal 	Competition <ul style="list-style-type: none"> • Small sided Games • Tournament • Football Mentality
12:00pm	Break	Break	Break	Break	Break
02:00 pm - 04:00 pm	Session 2 Basic Practice <ul style="list-style-type: none"> • Small-sided Games with Basic Topics • Final game 	Session 4 Passing Practice <ul style="list-style-type: none"> • Small-sided Games with Ball Possession • Final game 	Session 6 4v4-8v8 Practice <ul style="list-style-type: none"> • 5v5 + 1v1 on the Wings • 4v4 Tournament 	Session 8 “Shootout” <ul style="list-style-type: none"> • Games with three Zones + Neutral Player(s) • High Intensity First Goal Wins 	

PRICING PER KID

1 Day Course	€ 100
2 Day Course	€ 180
3 Day Course	€ 240
5 Day Course	€ 300

- Adidas FC Bayern kit with shirt, shorts and socks is included
- 10% discount for children of the same family

For more information and bookings kindly contact
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