



Costa Navarino encourages botanists and archaeologists of the future with two new activities for children

London, 17th July 2017- [Costa Navarino](#), the prime sustainable destination located in the southwest Peloponnese region of Greece, is launching two activities specially curated for children 4-11 years old. Enjoying idyllic weather this September, children become **'Young Archaeologists'** or **'Young Gardeners'** as they get acquainted with the region's rich history and nature.

Little guests enter the fascinating world of archaeology and become **'Young Archaeologists'**, discovering ancient Greek history. Accompanied by trained specialists, children are taught in a fun and informative way, how to dig and discover hidden artifacts, mirroring the process being undertaken by archaeologists. Children are also schooled on the prehistoric secrets of ancient writing and code-breaking and are able to make their own ancient Linear B Clay tablet to take home.

The region of Messinia provides an idyllic backdrop for children to become fascinated by the ancient world. The area's history spans over 4,500 years, with the UNESCO World Heritage Site of Ancient Olympia, Mycenaean palaces, Classical temples, Byzantine churches and medieval castles, as well as the Archaeological Museum of Olympia, one of the most renowned museums in Greece, all to be found nearby for a family day out.

'Young Gardeners' can get in touch with nature, planting their own seeds and collecting their own seasonal fruits and vegetables, while immersing in the culinary traditions of the region and learning the delights of the 'farm to table' philosophy from a young age. Children participate in an exciting journey of discovery and learn all about Messinian flora in a vegetable garden designed just for them. They plant seeds, 'feel' the ground and plant their own vegetables and herbs. Finally, they collect a range of vegetables and, together with the Chef, create their own dishes on the spot.

A wealth of fresh, organically grown ingredients and a devotion to authentic gourmet cooking define the culinary experience at Costa Navarino. The activity for children is a continuation of Costa Navarino's long standing commitment to environmental responsibility and educating guests on the region's natural beauty. Partnering with the 'Captain Vassilis & Karmen Konstantakopoulos' Foundation, Costa Navarino supports local farmers to revive old and forgotten flavours and varieties for future generations to enjoy. The authentic gourmet product range [Navarino Icons](#), encourages guests to take a flavour of Greece back home to use in their own recipes.

The new activities, alongside a mild climate, family friendly-accommodation, specially designed children's facilities, and a wealth of outdoor sports, make Costa Navarino an ideal year-round family destination. One of two five-star luxury hotels at the destination, [The Westin Resort Costa Navarino](#) features family suites in a beautiful seaside location, offering spectacular views across the Ionian Sea, while most ground-floor rooms have private infinity pools perfect for a day of memory making in the warm Mediterranean sunshine.

The 'Young Archaeologists' and 'Young Gardeners' programmes are suitable for children aged four to eleven with a participation cost of 17 Euros per hour. Scott Dunn is offering seven nights at Costa Navarino from £1,300 per person. This is based on a family of two adults and two children sharing a connecting Deluxe Sea View room at The Westin Resort Costa Navarino on a half board basis. Return flights and private airport transfers are also included. For reservations and further information visit www.scottdunn.com or call 020 8682 5040. For further information on Costa Navarino visit www.costanavarino.com.

'Young Archaeologists' on [YouTube](#)



Discover Costa Navarino, the ultimate family destination at: <http://bit.ly/2so7t2V>

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Costa Navarino

Costa Navarino is the prime, sustainable destination in the Mediterranean, located in the Greek region of Messinia in the southwest Peloponnese. One of the most unspoiled and breathtaking seaside Mediterranean landscapes, this area has been shaped by 4,500 years of history. Its philosophy is driven by a genuine desire to promote Messinia, while protecting and preserving its natural beauty and heritage. It will comprise a number of distinct sites featuring 5-star deluxe hotels, luxury residences, conference facilities, spa and thalassotherapy centres, signature golf courses, as well as a wide range of unique year-round activities for adults and children. Navarino Dunes, the first area, is home to two luxury 5-star hotels, The Romanos, a Luxury Collection Resort and The Westin Resort, Costa Navarino; The Dunes Course – the first signature golf course in Greece- Anazoe Spa, a 4,000sq.m. spa & thalassotherapy centre; the state-of-the-art conference centre House of Events; specially designed facilities for children; as well as a variety of gastronomy venues, sports, outdoor and cultural activities. Navarino Bay, the second area is home to the signature golf course, The Bay Course, with two new sites under construction.

Download high resolution photos and logos from the press section in downloads on the website www.costanavarino.com, using the password Nestor.

Media information:

TEMES S.A.

Marina Papatsoni, Marketing & Business Development Director
Tel.: +30 210 949 0013
Fax: +30 210 949 0218
e-mail: mpapatsoni@temes.gr

TEMES S.A.
5 Pentelis St.
17564, Athens, Greece

Developers of Costa Navarino
www.costanavarino.com

For media information please contact:
Jessica Flood, PR Account Manager (Hills Balfour)
Tel.: +44 207 593 1741
e-mail: jessicaf@hillsbalfour.com