

**Costa Navarino's Anazoe Spa wins three awards at
*The SPA Traveller Awards 2015***

Monday 12 November 2015, London – Anazoe Spa at [Costa Navarino](#), the prime sustainable destination located in the Greek region of Messinia, southwest Peloponnese, has been awarded the [top accolade in three categories](#) at this year's *SPA Traveller Awards*, as **Best European Spa to Recharge, Best Wellness Spa: Europe** and **Best for Golf and Spa Europe**. The win for a third year running, acknowledges Anazoe Spa as a leading global authority on spa practices and treatments.

The SPA Traveller Awards recognise the ultimate spa and wellness destinations around the world, as voted for by international readers of *The SPA Traveller* magazine. The awards are regarded as a benchmark to showcase excellence and achievement in the spa industry.



Already in the top spot for the third year, Anazoe Spa had a double win in last year's awards within the categories of Best International Family-Friendly Spa Hotel/Resort and Best International New/Refurbished Spa. Anazoe Spa also won two categories in the 2013 awards.

The Director of Anazoe Spa, Dora Koromila, said about the awards: *"We are extremely proud and honoured to win a record of three Spa Traveller awards this year and to be recognised internationally as one of the best spas in the world. We are continuously striving to offer our clients with an outstanding service, unique wellness experiences and our signature treatments that are truly authentic"*

The Anazoe Spa was recognised for its offering of a full range of specialist treatments based on ancient Greek health and beauty practices. The name Anazoe derives from the Greek word for rejuvenation and encapsulates the underlying aim of the spa, which is a total revitalisation of body and spirit in accordance with the ancient Greek maxim “a healthy mind in a healthy body”. The spa’s unique oleotherapy® signature treatments are based on thousand-year-old local practices inscribed on clay tablets that were discovered at the nearby Palace of Nestor, combined with using the area’s exclusive natural ingredients and the physiotherapy techniques as taught by Hippocrates, the ‘father’ of western medicine.

For a deeply indulgent break, Costa Navarino offers guests a rejuvenating experience and return home feeling invigorated and renewed, having enjoyed an authentic experience during their stay at [The Westin Resort Costa Navarino](#) or [The Romanos, a Luxury Collection Resort](#).

For more information visit www.costanavarino.com

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Costa Navarino

Costa Navarino is the prime, sustainable destination in the Mediterranean, located in the Greek region of Messinia in the southwest Peloponnese. One of the most unspoiled and breathtaking seaside Mediterranean landscapes, this area has been shaped by 4,500 years of history. Its philosophy is driven by a genuine desire to promote Messinia, while protecting and preserving its natural beauty and heritage. It will comprise a number of distinct sites featuring 5-star deluxe hotels, luxury residences, conference facilities, spa and thalassotherapy centres, signature golf courses, as well as a wide range of unique year-round activities for adults and children. Navarino Dunes, the first area, is home to two luxury 5-star hotels, [The Romanos, a Luxury Collection Resort](#) and [The Westin Resort Costa Navarino](#); The Dunes Course – the first signature golf course in Greece- Anazoe Spa, a 4,000sq.m. spa & thalassotherapy centre; the state-of-the-art conference centre House of Events; specially designed facilities for children; as well as a variety of gastronomy venues, sports, outdoor and cultural activities. Navarino Bay, the second area is home to the signature golf course, The Bay Course.

Download high resolution photos and logos from the press section in downloads on the website www.costanavarino.com, using the password nestor.

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